

WESTSHORE BASKETBALL

NIGHT LEAGUE

U11 Boys and Girls (9 or 10 as of Dec. 31, 2018)

U13 Boys and Girls (11 or 12 as of Dec. 31, 2018)

U15 Boys and Girls (13 or 14 as of Dec. 31, 2018)

All Players welcome regardless of experience. Teams are created based on demand. Player assessments help create competitive teams and fun environments for all players

Practices are likely Friday Nights for U11 teams and Sunday Nights for U13 and U15 teams.

Additional practices are available at Spencer Middle School on a rotating basis. Season runs from Early October till Spring Break.

Game Nights: SUBJECT TO CHANGE. Teams are expected to be flexible on game nights

WESTSHORE RAIN

**TUESDAY OR THURSDAY NIGHTS
9-WEEK SESSIONS**

Learn to Play 1 – Great for players grades k-2 (ages 5-7) with limited experience or as a first exposure to basketball - 6:00pm till 7:00pm

Learn to Play 2 – Focus for players grades 2-4 (ages 7-9) or with more experience to further develop skills 7:00pm till 8:00pm

All Rain programs at John Stubbs School
*Dates based on Registration Numbers

WESTSHORE CAMPS

Winter Break, Spring Break and Summer camps are offered each year. Camps are located in the Westshore and are competitively priced. Daily activities include skill development, team building, ample game play and personal physical training. Players will develop confidence, coordination and cooperation in a fun, fast-paced environment. Camp leaders include Local High School coaches, high school players and community coaches. Guest coaches often attend camp. Guests include coaches from colleges and universities along with Certified Personal Trainers.

SPRING 3X3 LEAGUE

The first 3x3 League of its kind in Greater Victoria. Boys and Girls teams competed in divisions for grades 4/5, 6/7 and 8/9. Each week teams play at least 5 games. The league wraps up with a playoff bracket and division champions are crowned. Player registration includes uniform-t-shirt, 8 weeks of play and a registration credit toward future Westshore Basketball program.

Since being added to Olympic competition, 3x3 basketball has gained immense popularity. Benefits of 3x3 include increased opportunities for all players to be involved due to less players on the floor. 3x3 creates opportunities for players to focus on skill development. Shorter game length means more opportunities to compete against a variety of opponents. Finally, 3x3 is played on a half-court so more teams and players can play!

IMPORTANT DATES

August 15 – Online Sign-up Opens all Programs

August 20-24 – Summer Camp

Sept 16 and Sept 23 – Mini-Camp and Player Evaluations. Times TBD

Oct 2 – Nov 27 Fall Tuesday Fall Rain

Oct 4 – Nov 29 Fall Thursday Fall Rain

October 9 – Night League Games Begin

January 2nd – 4th - Winter Skills Camp

Jan 10 – Mar 12 – Winter Tuesday Winter Rain

Jan 12 – Mar 14 - Winter Thursday Winter Rain

March 18-22 – Spring Break Camp

Apr 2 – June 11 – Spring Tuesday Spring Rain

Apr 4 – June 13 – Spring Thursday Spring Rain

Apr 4 – June 9 excl. May 26 Spring 3x3 Basketball

COSTS

Night League

U11 Boys and Girls - \$190 – Uniform included. Returned at end of season

U13 Boys and Girls - \$225 + \$40 - Uniform Purchase if Required. Players keep year to year.

U15 Boys and Girls - \$235 + \$40 – Uniform Purchase if Required. Players keep year to year.

Westshore Rain

9-week Session - \$90

Winter Skills Camp

3-day Session - \$125

***50% Discount for Players registered with Westshore Basketball**

Spring Break Camp

½ Day Camp - \$100

Full Day Camp - \$185

Spring 3x3 Basketball League

8 weeks - \$100

*** All information projected to be accurate, but can be subject to change**

www.westshorebasketball.com